

Walkway to Wellness



Supporting Healthy Lifestyles

The Wellness Committee invites you to help us kick-off our district's year-round Wellness Program !

Our Walkway to Wellness Program

will also begin on this night

@ Boggus Stadium on

Wednesday, November 18, 2009 @ 6:30 pm

Wear comfortable clothing and walking shoes.

The Walkway to Wellness Program will be from Nov. 18th- March 31st

Results and Trophies for the "Walkway to Wellness" program will be held at the end-of-year marathon date, time and place to be determined. Each school/department is encouraged to form a walk/run team. Please give your team a name and dress in spirit on Nov. 17th . A prize will be awarded to the MOST spirited team! You not have to be part of a team to participate. We invite all district employees & their families to come and join us at the Wellness kick-off.

Contact Venessa Fitting @ 9762 for further information